

**Title: I would rather eat an egg debate**

**Subject Area: citizenship**

**Key Stage 1**

**NC link: Citizenship 1,2,3.**

**Learning Objective:**

- Children take part in a simple debate.
- Children think about the simple choices they can make about what they eat.
- Children start to recognize what they like/dislike, what is fair/unfair and what is right and wrong.

**Resources:**

- White board or OHP to record arguments.

**Starter**

Explain to the children that they will be taking part in a debate today- explain briefly what a debate is and how they need to think about each side of the argument. Introduce the topic for debate- 'I would rather eat an egg'.

**Main Teaching Activity:**

Have a fixed period of time for discussing ideas for and against the motion. Start by splitting the board in half and considering why eggs are good to eat; consider health benefits, diversity of dishes that eggs are used in (biscuits, cakes, quiches etc.) Now consider the ideas against; discuss where the eggs come from, preference for chips? Now split the class in half (for and against the motion). Give them a fixed amount of time to prepare a few sentences about the debate. Now either ask them to debate in pairs or pick representatives for each side to put their points to the class.

**Plenary**

- Take a show of hands to show opinion. Discuss results and perhaps illustrate some of the points for display.
- Discuss a balanced diet

**Differentiation**

- Protein, carbohydrates, fat